

**OSTEOFIT- Arthritis and Exercise Modifications**  
Continuing Education Instructor Workshop

Join Wendy Turner, physiotherapist at Lions Gate Hospital Arthritis Program, for an overview of Arthritis and the modifications and precautions necessary to accommodate those in our classes who present with this disease condition. This workshop is open to all instructors and was recorded on November 2010 by Mediasite for online viewing.

**1.5 BCRPA continuing education credits will be assigned once this workshop is complete.** The workshop has 2 parts: learning and a multiple choice quiz. You will find the quiz at the end of the workshop. You will be awarded a certification of completion upon achieving 80% on the quiz.

**Note:** anyone can take this workshop. If you are not a certified Osteofit Instructor, we will share the workshop link and passcode once your registration fee is received and processed.

Fee:

<b>Osteofit Instructors</b>	<b>Non-Osteofit Instructors</b>
No cost	\$50 – please make cheque payable to PHSA – BC Women’s Osteofit Mail to: Osteofit – BC Women’s Hospital + Health Centre Mail #103 4500 Oak Street Vancouver   BC   V6H 3N1  For information on credit card payment contact <a href="mailto:osteofit@cw.bc.ca">osteofit@cw.bc.ca</a>

**Workshop registration: PLEASE PRINT CLEARLY**

Name: \_\_\_\_\_ BCRPA ID # \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

For more information please contact: [osteofit@cw.bc.ca](mailto:osteofit@cw.bc.ca)

---

For Finance use only: 00020-01-1202485-75521610-100