

MEMO

To: Obstetrical care providers at BCW

From: Chantal Mayer, Medical lead BCW Ultrasound

Date: June 1 2020

Re: Blood pressure assessment in BCW Fetal Monitoring Clinic

- **What is currently done?**

Blood pressure is routinely measured as part of the visit for patients referred with the following conditions:

- Gestational or chronic hypertensive disorder
- Placental insufficiency: severe IUGR (also mild and moderate IUGR as of June 1st)
- PPRM (a full set of vitals is obtained)
- When indicated by nursing assessment (eg symptomatic patient)
- When requested by care provider due to the presence of a specific condition

- **What is new?**

In order to help support use of virtual care for obstetrical visits, fetal monitoring is now offering blood pressure measurement on any scheduled patients upon care provider request.

To have a BP measurement done as part of the fetal monitoring please ensure that:

-Request for BP check is clearly indicated on the fetal monitoring referral

-A direct number or pager is provided for fetal monitoring nurse to call if BP is >140/90

(please indicate on referral if a different BP threshold is requested)

- **What is the communication process?**

-Blood pressure <140/90: blood pressure measurement documented on the interprofessional notes along with NST result. This is faxed to the care provider's office at the end of the day as per routine

-Blood pressure is >140/90 or above otherwise defined threshold:

-Careprovider contacted as per requisition

Please note:

-If communication with care provider not reached within 20 mins, oncall provider will be contacted and patient will be directed to the UCC

