

If You Have Been Sexually Assaulted

If you have been sexually assaulted within the last 7 days, you can go directly to:

Vancouver General Hospital
Emergency Department
920 West 10th Ave. (near Oak St.)
24 hours/day, everyday.

OR

UBC Urgent Care, Koerner Pavilion
2211 Wesbrook Mall
8am-10pm, 7 days/week

Ask for the Sexual Assault Service (SAS).

At the hospital, you will be asked if you would like a support worker to meet you there. Support workers are available 24 hours/day.

You are welcome to bring a friend, family member or support person to the hospital with you.

For further information about the Sexual Assault Service, please call our non-emergency office number: **604-875-2183**

Or go to: bcwomens.ca/sas

Support Services

- WAVAW Rape Crisis Centre
Crisis Line (24hr)
604-255-6344 / 1-877-392-7583
- UBC AMS Sexual Assault
Support Centre 604-827-5180
- Vancouver Rape Relief Crisis
Line (24hr) 604-872-8212
- VictimLINK (24hr)
1-800-563-0808
- Vancouver & Lower Mainland
Multicultural Family Support
Services 604-436-1025
- Family Services of the North
Shore 604-988-5281
- Chimo Crisis Services
Richmond 604-279-7077
- Surrey Women's Centre
604-583-1295
- Battered Women's Support
Services 604-687-1867
- BC Society for Male Survivors
of Sexual Abuse
604-682-6482

Sexual Assault Service

Confidential and sensitive health care for youth and adults who have been sexually assaulted.

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**BC WOMEN'S
HOSPITAL+**
HEALTH CENTRE

What is Sexual Assault?

Sexual assault is any form of sexual contact without your consent.

It is an act of violence.

What happened to you was not your fault.

Sexual assault is a traumatic experience. You may be in a state of shock and find it hard to believe this really happened to you. Some people do not remember what happened.

You may feel guilty, anxious, depressed, angry, numb, embarrassed or ashamed. Some people have nightmares, difficulty eating or sleeping, or are afraid to go outside. You may also be worried about sexually transmitted infections, pregnancy, HIV or injuries. These are all common concerns after a sexual assault.

**You are not alone.
We are here to help.**

How We Can Help

The Sexual Assault Service (SAS) provides sensitive and comprehensive health care to anyone 13 or older who has been sexually assaulted within the past 7 days. Our specially trained nurses and doctors will respond to your health care needs in a safe and supportive environment.

All Services Are Free and Confidential

We will explain what we can offer and answer any questions you might have. You will decide what you would like us to do and we will respect your decisions.

What About Police?

At the hospital, you will be given information about your legal options. It is your choice whether or not to report the sexual assault to the police. We will support whatever decision you make. If you choose to report to police we can collect forensic samples and send a legal report to the police.

We Offer

- Free services 24 hours a day - no Carecard required
- Short wait and private room
- Caring and knowledgeable nurses and doctors
- Medical assessment and treatment
- Free medications to prevent pregnancy and sexually transmitted infections
- Collection of forensic samples, if you decide you want that
- Information about community support services
- A follow-up phone call and/or an in-person appointment with our counsellor