



Instructor Competency Evaluation (Re-ICE)



BC Recreation and Parks Association
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Phone: 604.629.0965
Email: registration@bcrpa.bc.ca Website: www.bcrpa.bc.ca

Candidate _____ Email _____
Address _____ City _____ Postal Code _____
Class type _____ Level _____ Evaluation Date _____

Key: 1=Below Standard 2=Needs Improvement / Below Average 3=Satisfactory / Acceptable 4=Good / Above Average 5=Excellent

PROGRAM COMPONENTS

1 OSTEOFIT Tip _____

Preparedness: ___/5 Content: ___/5 Delivery: ___/5 Subtotal /15

SKILLS IN TEACHING **Please refer to scoring explanation for detail*

Component Score	Exercise Choices	Explanation	Safety	Education	Teaching Techniques	Score
2	Warm up					/25
3	Agility and Balance					/25
4	Muscular Strength					/25
5	Stretch					/25

Component Comments

2 Warm up _____

3 Agility and Balance _____

4 Muscular Strength _____

5 Stretch _____

6 Relaxation _____ /5

PROFESSIONAL LEADERSHIP QUALITIES

7 Planning (*prepared, organized, adaptable, creative*) _____ /5

8 Language (*voice, body language, suitability*) _____ /5

9 Manner (*enthusiastic, encouraging, motivating*) _____ /5

10 Attitude (*responsible, sincere, professional*) _____ /5

General comments _____

Attach Lesson Plan _____ Total /140

Basic (84/140) = 60%; Advanced (112/140) = 80%

Evaluator _____ Email _____

Address _____ City _____ Postal Code _____

Evaluator Signature _____ Candidate Signature _____