



REFERRAL FORM – Complex Menopause Clinic

Date of referral: _____

| | |
|---|--|
| Patient Name: _____ | New Patient <input type="checkbox"/> |
| Address: _____ | Best Phone Number: _____ |
| Date of Birth: _____ (DD/MM/YYYY) | PHN: (Personal Health Number) _____ |
| Email: _____ | <input type="checkbox"/> Consent to contact by email |
| Referring Provider: _____ MSP# _____ | |
| Does the patient identify as Indigenous (First Nations, Metis, Inuit)? <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| Is an Interpreter required? <input type="checkbox"/> Yes <input type="checkbox"/> No Language Required _____ | |
| Is the patient able to attend the appointment: <input type="checkbox"/> Virtual <input type="checkbox"/> In Person | |

Inclusion Criteria

| | |
|--|--------------------------|
| Patient has contraindications or medical co-morbidities limiting management options. Please specify below** | <input type="checkbox"/> |
| Patient had premature menopause/primary ovarian insufficiency < age 40. | <input type="checkbox"/> |
| Patient is a carrier of Hereditary Cancer Syndrome with increased risk breast /gynecologic cancer. | <input type="checkbox"/> |
| Patient has a spinal cord injury. | <input type="checkbox"/> |
| Patient has HIV. | <input type="checkbox"/> |
| Patient is a cancer survivor whose therapy has affected ovarian function. | <input type="checkbox"/> |
| Patient having systemic menopausal symptoms (e.g., hot flushes, night sweats) that have not responded to usual management. Please specify below which treatments tried** | <input type="checkbox"/> |
| Patient having genital symptoms of menopause that have not responded to usual management, without vulvar dystrophy. Please specify below which treatments tried** | <input type="checkbox"/> |
| **Other Indication and Details of Requests above: _____ | |

| Please include the diagnostic and lab tests below, if not available in CST: | Yes | No | N/A |
|---|--------------------------|--------------------------|--------------------------|
| Pap Smear/HPV test report | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Mammography report | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Previous consultations | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| FIT test/Colonoscopy report | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Bone Mineral Density | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Exclusion Criteria

- Patient currently not a BC resident
- Patient was assigned male at birth
- Patient does not have primary care provider for ongoing follow up care
- Post menopausal bleeding not yet assessed (refer to community GYN).
- Patient has already been seen in the CMC and has been discharged. In these cases, we may provide provider to provider consultations through our ECHO program.
- Isolated complaints including but not limited to urinary incontinence, low libido, midlife weight gain, vulvar issues, or mental health issues.
- This is an urgent request – please refer to ER or UC as appropriate.